



THE  
CYCLE  
COACH

# GCSE PE (Cycling)

## ROAD & TRACK CYCLING

CHOOSE CYCLING AND PASS YOUR **GCSE PE**

### CONTENT

- » 6-hr structured programme in either **Road Cycling** or **Track Cycling**
- » Contributes towards the practical performance criteria as an individual activity for GCSE Physical Education (PE).
- » All elements of the programme will be coached and evidenced by The Cycle Coach.
- » All audiovisual evidence submitted to examining board for final assessment.
- » Performance assessment (practical performance) moderated by: AQA - OCR - EdExcel
- » Bikes and helmets provided.
- » No experience necessary - Beginners welcome.
- » Excellent facilities and venues provided.

### COMPETITIVE EVENT:

As part of the GCSE Road and Track Cycling Assessment (Part 2) pupils are required to perform in a fully competitive race, demonstrating the appropriate skills against suitably challenging opponents.

The Cycle Coach will facilitate the entire process and ensure your child can perform the core skills/techniques to achieve the necessary competencies to successfully pass the programme.

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