



THE
CYCLE
COACH

Learn to Ride

BEGIN YOUR CYCLING JOURNEY
AND **LEARN A LIFE SKILL**

OPEN UP A WHOLE NEW WORLD BY LEARNING TO RIDE
WITH OUR 6-WEEK LEARN TO RIDE PROGRAMME.

OUR EXPERT COACHES CAN TEACH YOUR
CHILD TO RIDE AND HAVE THEM PEDALLING
ON TWO WHEELS IN NO TIME.

- » Following a simple process to break learning to ride into easy to follow steps.
- » Improving children's self-esteem and confidence through the experience of freedom and adventure.
- » Providing children with a sense of achievement and excitement.
- » Empowering children to become more independent.
- » Promoting environmental awareness and sustainable travel.
- » Coached by qualified British Cycling Coaches in a traffic free environment.
- » Suitable for non-riders and complete beginners.
- » Available to Primary and Secondary Schools.

While we cannot guarantee every child will be riding by the end of the programme we are certain they will know the correct steps to further their learning and be well on the way to riding a bike on two wheels.

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